THE TACOMA NORTH WEST FACTS

FROM THE VOICE OF THE AFRICAN AMERICAN COMMUNITY

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VOL. 3 NO. 119 | 44 YEARS OF SERVICE | MAY 09, 2007

ST JOHN CHURCH WOMEN OF POWER CONFERENCE

Prayers Of Women Eternal Results

Tammie Gibson

We invite you to join us for a time of refreshing, refilling and fellowship, as women of God come together to grow in the knowledge of our Savior. We have workshops for both single and married women emphasizing the importance of maintaining good marital relationships and finding mr. right. Also come experience the Wailing Wall of Prayer during the evening worship services.

Workshops: Monday & Tuesday 6:00pm
Worship Services Wed-Fri 7:00pm
2001 South J. Street, Tacoma, Wa 98405
For More Information please call (253)572-7054
Guest Speaker : Evangelist Tammie Gibson of Ontario, CA

In Loving Memory of Asia Shanté Spotwood

Sunrise February 25, 1988 – Sunset May 2, 2007

Asia Shanté Spotwood, age nineteen, was born February 25, 1988 in Redwood City, California to Keisha Blanks and Glen Spotwood. After spending the early part of her life in the Bay area of California, Asia and her family moved north to the state of Washington. She attended Decatur High School in Federal Way, Washington. Asia grew to be a spirited and beautiful young woman. She had aspirations to dance and sing and went on to pursue her dreams. While Asia's physical beauty was apparent she worked extremely hard to show the world that she had other gifts and talents as well. She performed African dance, competed in track and field, and was a highly skilled planner.

Always tenacious and independent, Asia competed in the 2005 Hal Jackson Beauty Pageant and the Talented Teens of Washington contest. She was a natural on stage performing an upbeat salsa dance.

Her bright smile, easy going spirit, trendsetting style, and attentiveness to her younger siblings will be missed.

Asia is survived by her Mother Keisha Blanks, Father Glen Spotwood, Stepfather Lionel Blanks Jr., Grandmothers Sherry Upchurch and Lucille Spotwood, and Grandfather Wilbert Upchurch. She is preceded in death only by her Grandfather Pierre Spotwood. She leaves to celebrate her life; siblings: Latieya Thomas, Garisha Thomas, Cameron Blanks, Kyla Blanks all of Tacoma and other siblings of the Bay area, California. She also leaves host of loving relatives and friends.

Services to be held Saturday May 12,2007 , 12:00p.m. at Shiloh Baptist Church, 1211 South "I" St. Viewing Friday May 11,2007 from 4p.m - 7p.m. at the House of Scott Funeral Home. Arrangements by House of Scott Funeral Home 1215 MLK Jr. Tacoma, WA 98405.

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UNCLE THURMS
SOULFOOD TO GO
MOTHERS DAY DINNER

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Bethlehem Baptist Church presents...

OUR ANNUAL MOTHER'S DAY LUNCHEON

SUNDAY, MAY 13TH 2007 1:00 PM — 5:00 PM

4818 Portland Ave Tacoma, Wa 98404

A Feast That You Will Truly Enjoy... Give Mom A Break From The Kitchen.
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Adults 13 and up $15.00
Children 6—12 $8.00
Toddlers 2 –5 $5.00

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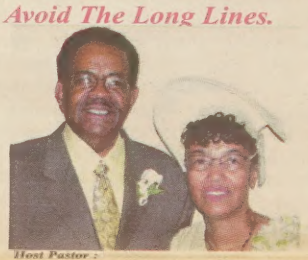

Host Pastor :
Dr. Freeman & Sis. Anna Rhoades

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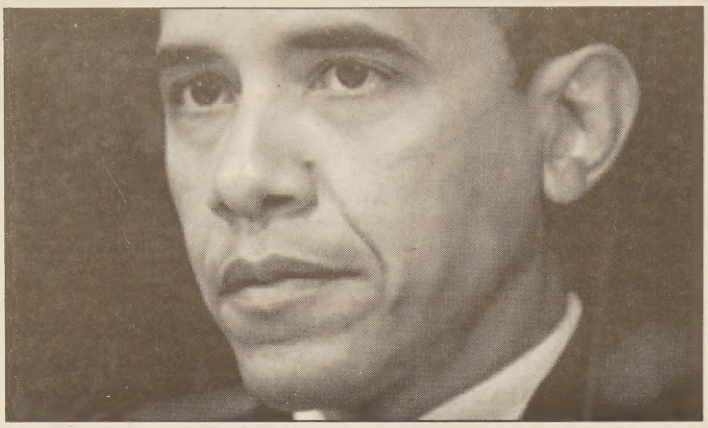
Obama Gets Secret Service Protection, Earliest Ever For a Presidential Candidate



The Secret Service is protecting Democratic Sen. Barack Obama, the earliest in a presidential campaign a candidate has had bodyguards assigned from the presidential protection force.

A senior law enforcement official said Thursday the decision to guard Obama was prompted by general concerns about the safety of a prominent black candidate. There was no direct threat, the official said, although agents had seen racist chatter on white supremacist Web sites.The official spoke on condition of anonymity because of the security issue. The latest of several black candidates for president, Obama is considered the one with the greatest chance of victory. He was born in Hawaii, the son of a white American mother and a Kenyan civil servant, and is a graduate of Harvard Law School.Department of Homeland Security Secretary Michael Chertoff authorized Obama's protection after consultations with the bipartisan congressional advisory committee, according to Chertoff spokesman Russ Knocke and the Secret Service. Obama, who frequently draws crowds in the thousands at campaign stops, requested the protection. Secret Service spokesman Eric Zahren and Homeland Security officials said they were not aware of any threats to the Illinois senator. Obama's rival in the race for the 2008 Democratic nomination for president, Sen. Hillary Rodham Clinton, has a Secret Service detail that is provided to all wives of former presidents. Her husband is ex-President Bill Clinton.

In the last election, Democratic candidates John Kerry and John Edwards received their protection in February 2004 as they competed for the party's nomination. Obama's detail comes nine months before the first votes are cast.Federal law allows candidates to seek protection if they meet a series of standards, including public prominence as measured by polls and fundraising. The members of the congressional advisory committee are the speaker of the House of Representatives and Senate's majority and minority leaders as well as one additional member. In a Feb. 12 interview with The Associated Press, Obama dismissed concerns about his own security but would not answer directly when asked if he had received death threats. The Rev.

Jesse Jackson drew early Secret Service protection because of violent threats during his campaigns for president in the 1980s."I face the same security issues as anybody," the Illinois senator told the AP. "We're comfortable with the steps we have taken."

The Secret Service and Homeland Security would not comment on the scope of Obama's protection or provide any other security details. Obama's campaign would not comment.

JUNETEENTH CELEBRATION

JUNE 16, 2007

4:00 - 6:00

TACOMA CITY ASSOCIATION OF COLORED WOMENS CLUB'S INC

2316 S. YAKIMA AVE

VENDORS NEEDED

CONTESTANTS NEEDED FOR BEST BBQ IN PIERCE COUNTY

$$$ PRIZES $$$

PLEASE CALL 253-627-9777
CALL WANDA WILDER FOR INFORMATION

Central Wastewater Treatment Plant upgrade and expansion update focus of study session

City Council members are scheduled May 8 to receive an update from the Public Works, Science and Engineering Division staff on the Central Wastewater Treatment Plant upgrade and expansion project. The update will include information about the project's Minority and Women owned Business Enterprise participation, the Small Business in Rural Areas Apprenticeship and City Residents programs. City staff will also discuss the historic energy management practices and the new components that are being implemented as part of the upgrade and expansion project. The Council will not take public comment during the noon study session in the Tacoma Municipal Building North, Room 16. CityPost (Channel 21 on Click!, Channel 77 on Comcast) will air the audio portion of the session live. Replays of the study session audio may be heard Wednesday nights at 7 p.m. on CityPost (Channel 85 on Click!, Channel 77 on Comcast). On-demand audio archives are available on the Web within 24 hours of the meeting at www.tvtacoma.com.

15th Street ramp closure schedule change

The 15th Street ramp closure schedule start date has been shifted to begin Wednesday, May 9. The 15th Street ramp – between 'A' Street and Dock Street – will be closed to traffic from Wednesday, May 9 until the following Wednesday, May 16. The ramp is being closed so a new sanitary main line can be installed from the park area at 15th Street to the front of the 15th Street ramp where it touches down onto Dock Street . Traffic control signage will be in place around the affected area along 'A' Street, 9th Street and Schuster Parkway to alert motorists of the ramp closure. The ramp closure is weather dependent and subject to change. For more information call the construction hotline (253) 591-5256

Parking meetings scheduled for May 7 and May 10

City Manager Eric Anderson will continue the public discussions about downtown parking and transit on May 7 in the Stadium District at the Landmark Convention Center at 5:30 p.m. and in the Dome District on May 10 at 5:30 p.m. in the Phoenix Hall at the Freighthouse Square. The goal of these follow up discussions is to capture any additional questions or concerns that were not included in the question-and-answer documents from the first round of meetings. The question-and-answer documents from the first round of meetings are available on the city Web site at www.cityoftacoma.org/downtownparking. Business owners, residents and anyone else interested in downtown parking issues, especially those in the Stadium District and Dome Districts, are encouraged to attend these open forums.

Get Smart Tacoma !

Be part of the solution May 4 and May 5 by joining community members for the Tacoma Learning Summit at Stadium High School . The Joint Municipal Action Committee – a collaboration of the City of Tacoma , Tacoma Public Schools , Metro Parks and Pierce County – is engaging the community in a dialog aimed at deciding what future we want for Tacoma and the role that education and learning will play in achieving that future. To learn more about the summit and how you can get involved, visit GetSmartTacoma.com.

City Council standing committee meetings this week

Government Performance & Finance Committee
May 9, 9 a.m. in Tacoma Municipal Building , 747 Market St . , Room 248

Environment & Public Works Committee
May 9, 4:30 p.m. in Tacoma Municipal Building , 747 Market St . , Room 248

Public Safety & Human Services Committee
May 10, 5 p.m. in Tacoma Municipal Building , 747 Market St . , Room 248

Scott Pierson Trail ribbon cutting and community bicycle ride, May 12

Join Tacoma's Mayor Bill Baarsma, Tacoma Wheelmen's Bicycle Club President Timothy Payne and a host of others at the Scott Pierson Trail ribbon cutting ceremony from 10 to 11 a.m. on Saturday, May 12, inside Cheney Stadium. In conjunction with the ribbon cutting ceremony, the City of Tacoma and Group Health are hosting a kick-off bike ride on the Scott Pierson Trail from 9 a.m. to 1 p.m. The 3.8 mile bike ride will start at War Memorial Park , 1299 N. Sunset Dr., and will end at the gate located in the Cheney Stadium parking lot, 2502 S. Tyler St . The public is invited to join the bike ride anytime between 9 a.m. and 1 p.m. – kids will receive free bike accessories, safety tips and prizes along the trail. The Scott Pierson Trail extends along the State Route 16 corridor and was built as part of a Washington State Department of Transportation project that widens SR 16 and adds high-occupancy vehicle lanes. The inaugural community event on May 12 is to honor the memory of Scott Pierson who was an avid bike rider and a 23-year employee of the City of Tacoma . He was a dedicated advocate for the construction of this trail and the principle designer of the trail's final alignment.

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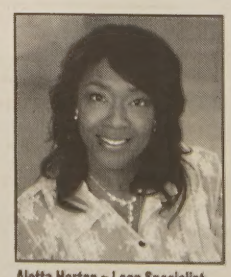

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"The Divine Restoration Convention" June 13- 17, 2007

LET US MAKE MAN IN OUR IMAGE
Genesis 1:26
Divine Restoration Conference
June 13th - 17th, 2007
Then God said, "Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground."
Genesis 1:26 NIV

St. John Church Transformation Ministries International.Lives Restoring Communities.
Men and boys conference 2007 "The Divine Restoration Convention" June 13- 17, 2007
Wednesday 13 June Lets Get It Started - The Kick -Off
6:00p.m. - Men's Health - How to be a Super Man at any Age
7:15p.m. - Mental Health - Check Yourself ("A State of Mind")

Thursday 14 June Powerhouse Thursday
5:00p.m. – Networking (Coming Together)
6:00p.m. – Marketplace – You were born to be C.E.O.
Legal – Do you Know Your Rights & How To Get Them Back
7:15p.m. – Who's the MAN? Help I'm Stuck!-Breaking Free

Friday 15 June Friday Night Live
5:00p.m. - Networking (Coming Together)
6:00p.m. – How to Love Gomer (Restoring a Difficult Relationship)
Why on earth am I here- Discovering my purpose (Youth Group)
7:00p.m. – Praise and Worship
(City Church / St. John Church Transformation Ministries International / Christian Faith Center)
Keynote Speaker: Pastor Judah Smith, Pastor, The City Church

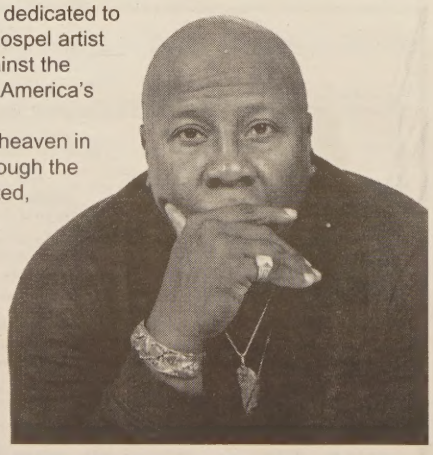
Saturday 16 June Time Talent Treasure
8:30a.m. - Fellowship Breakfast (Coffie, etc.)
9:30a.m. - Breakfast
11:00a.m. - Where is your Treasure Stored: Debt Management and Budgeting
11:30a.m. - Youth Depart for Fieldtrip (Force 10 Ministry)

Sunday 17 June
12:00p.m. - Close-Out Service- St. John Baptist Church Sanctuary
Presentation of Colors- Tacoma Men's Drill Team
In Honor of Military Veterans and Elders of the Church
Please Register On-Line @ www.stjohntacoma.org

St. John Church Transformation Ministries International Restoring Communities

Pastor LeeArthur Madison, Senior Pastor
Deacon Cecil Stewman, Director of Men's Ministries
2001 South J. Street, Tacoma, Wa 98405 For More Information please call (253)572-7054

Aleee—Gospel Music for the new Millenium



Fiercely, relentlessly dedicated to God's calling, West Coast gospel artist Aleee mounts his battle against the hard, cold, chilling reality of America's many socioeconomic injustices with the sword of heaven in his songwriting. He has, through the grace of Jesus, been anointed, blessed to create music which illuminates the dark seas of ignorance, self-indulgence, hatred, and pride with the brightness and clarity of the Holy Spirit.
Not just "praise music" or "soul music", the songs on Aleee's new album, Praise Him! reach deeper, opening the heart and soul to magnificent vistas, a new world full of light, love, peace, happiness and dreams. Aleee's eclectic style embraces southern gospel, blues, hiphop, jazz and multicultural influences.

To contact Aleee Productions, visit www.Aleee.com, call (509) 251-2654 or (253)370-3290.
Praise Him! available at ARS records (Tacoma Mall), Dightman's Bible Books, Lakewood Christian Bookstore, or www.cdbaby.com.

Mt. Calvary Baptist Church Spring Revival

A Church Pressing On To Reach the Goal of "The Higher Calling of God"

Rev. Gregory L. Tucker Sr

Greetings in the name of the Lord and Savior Jesus Christ. The Mt. Calvary Baptist Church Family would like to invite you to our Annual Spring Revival taking place Monday, May 21st thru Friday, May 25th, starting each evening at 7:00. Come one, come all and be blessed by the preaching and teaching of Rev. Gregory L. Tucker Sr., the Pastor of Holy Trinity Baptist Church of Compton California. Pastor Tucker is known as the "most gifted preacher" in the city.
If you're looking for some spirit filled worship, praise, and preaching, plan to attend our revival
Our Theme; A Church Pressing On
To Reach the Goal of "The Higher Calling of God" Philippians 3:12-14

Mt. Calvary Baptist Church is located at
1311 South "I" Street, Tacoma, WA. 98405
For More Information, Please Call (253)627-3569
Hope To See You There May God Bless You!
Rev. Tarrance D. Tucker Jr., Pastor

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Customer Appreciation

Recognizing and giving quality service, being thankful by expressing feelings of Gratitude to your clientele

The A&M Beauty Supply & Salon had an appreciation for their clients and customers on Sunday (April 29th from 3-6pm).
The appreciation opened with prayer, followed by an official welcome, and invitation to eat, meet and greet. The A&M stylist opened with an original play "A Funny Moment, From Us To You". Andréa Armstrong, the guest artist, recited essays and poetry, "Power and Possibilities" and "I Have Dominion" both the pieces was equally inspiring and awesome, entertainment and enjoyment for all, was on the menu that Sunday after noon. Owners Arlester & Marcia Reynolds are a well known and respected couple in the Lakewood/Tacoma community. The Reynolds Family have owned and operated A&M Beauty for the past 13 years with the goal and motto "Quality Products and Great Customers Service". At A&M the customers are more than clients there family…

The Cosmetologist are highly skilled and well experienced in there trade. Between Marcia, Cynthia, Fusha, Eric & Latrell there is over 30years of experience.
More than your average Salon, A&M Beauty Salon & Supply is an oasis were you can relax and let your hair down,(and get it put back up, if you know what I'm talk-en about girl friend...), talk, receive a word of encouragement, enjoy real people , and take a break from the day to day stress and strain.
Pleasing and pampering you with one thing on our mind "Did we please You".
Come in and meet our staff, we look forward seeing soon…
A&M Beauty Supply & Salon 6209 Mount Tacoma Dr SW Lakewood, WA 98499
Call For An Appointment Today (253) 582-4301 Walk-Ins Are Always Welcome...

"STEP TO THE MIKE" & GOSPEL EXTRAVAGANZA

Saturday, May 19th 2007
Shiloh Baptist Church
1211 South I Street,
Tacoma, WA 98405
Time: 7:00 PM

If you are interested in being a contestant in the solo competition, contact Tracie Davis at 253-241-8644

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Reverend Dr. Leslie D. Braxton - Pastor

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Sunday Mornings at 7:30am and 10:45am
Church School at 9:30am
Lindbergh High School 16426 128th Avenue SE in Renton
Thursday Evenings at 7:00pm
The NBCF Annex 200 Whitworth Ave. S. in Renton
(Across from Renton High School)

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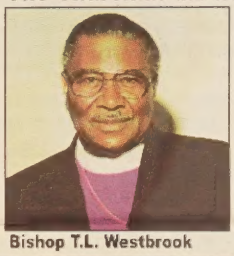

Bishop T.L. Westbrook

Founded September 1957 by Bishop T.L. Westbrook
1623 South 11th St. Tacoma, WA. 98405 (253)572-6785 fax (253)572-1752

Early Morning Worship	@ 8:00am
Sunday School	@ 9:30am
Morning Worship	@11:00am
Evening Worship	@7:00pm
New Members	(Tuesday) @ 7:00pm
Family Activities Night	(Wednesday) @ 7:00pm
Pastoral Teaching / Preaching	(Friday) @ 7:00am

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Pastors Gary & Cheryl Wyatt

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253-383-5821 (for van service)

Sunday Morning Bible Reading	@ 9:30am
Sunday Morning Worship	@11:00am
Tuesday Evening Bible Reading	@7:00pm
Thursday Evening Bible Reading	@7:00pm

Visit us on the Web @ www.surehouselive.com & www.garylwyatt.com

Bethlehem Baptist Church
Come Worship With Us
4818 Portland Avenue Tacoma, WA 98404
(253) 472- 1147 www.bethlehemtacoma.org

Worship Opportunities:
Sunday: 8:15 A.M. & 10:45 A.M.
Church School: 9:30 A.M.
Mid-Week Services:
Wednesday Bible Study:
12:00 Noon & 6:30 p.m.
Prayer Meeting 7:30 p.m.

Pastor: Dr. Freeman S. & Sis. Anna Rhoades

Allen African Methodist Episcopal Church of Tacoma

Rev. Warren G. Freeman, Jr., Senior Pastor

1223 Martin Luther King Jr. Way Tacoma, WA. 98405
(253) 627-6855 Fax (253) 627-8206

Worship Celebrations
Sunday 8:00 A.M. Early Worship
9:30 A.M. Sunday Church School
11:00A.M. Worship Service
Childcare Available during 11:00 Worship
Wednesday Bible Study 6:00 P.M.
Youth Bible Study "Glory" 2nd and 4th Sunday's 2:30 P.M

Visit us on the Web @ www.allename.org

NEW COVENANT PENTECOSTAL TABERNACLE

Sunday	Prayer	8:00am
Sunday	School	9:15am
Sunday	Morning Worship	11:00am

Feeding Program Outreach 6:00 - 6:30pm Monday - Friday

Wed:	7:00pm	-	Midweek Service
Mon:	6:00pm	-	Weekly Prayer Night
Fri:	7:30pm	-	Youth Service Night

2156 MARTIN LUTHER KING JR. WAY TACOMA, WA 98405 (253)383-1115

Shiloh Baptist Church
" May God Bless You Real, Real Good "

1211 South I Street Tacoma, WA. 98405
(253)272-4949 Fax: (253)272-0750 Email : sbc1953@aol.com

Early Service 8:00 a.m.
Church School 9:30 a.m.
Morning Service 11:00 a.m.
Children age 3-11 & Youth Church age 12-18
High Noon Service 12:00 p.m. (Wed. Only)
Bible Study (All Ages) & Worship Service (6:00 p.m.)
AWANA CLUB (Every Friday) 6:30 - 8:30 p.m. (3 - 11)
Youth Late Night (2nd & 4th Friday)

Gregory Christopher, D.Min., Pastor

Happy Mother's Day

Not everyone has a mother who lives up to the sentiments on Mother's Day cards. But whatever complaints or kudos we may have for our mothers, God honors mothers for the crucial role they play. Just becoming a mother is a blessing from God. Many of the famous mothers of the Bible did not conceive easily, but their legacy continued through the lives of their children. Eve was called the "mother of all the living". Women like Sarah, Rebekah, Rachel, Leah, Hannah, Ruth and Mary are examples of honored mothers. Deborah's was called "a mother in Israel" because she nurtured and guided an entire nation.

Throughout the Bible, God makes it perfectly clear that we are to honor our mothers. We are to recognize that our mothers are the women through whom we came into the world, and as such, they are to be valued. We are to listen to their teachings if they are godly women, and we are not to let our love for them distract us from loving God. Even as he hung dying on the cross, Jesus cared for his mother, Mary by entrusting his mother to his disciple John. Yet Jesus made it bluntly clear that his relationship with those in God's family was more valid and binding than any physical family tie.

Dear Momma,

Elizabeth Beaver & Granddaughter Chardonnay Beaver

This week I take great honor and pride in giving recognition to two "VIRTUOUS" women that mean the world to me. In the book of Proverbs 31:10-31 it explains a virtuous woman.

These are several of my favorite verses;

Who can find a virtuous woman? For her price is far above rubies.

The heart of her husband doth safely trust in her, so that he shall have no spoil of.

She will do him good and not evil all the days of her life.

She openeth her mouth with wisdom; and her tongue is the law of kindness.

She looketh well to the ways of her household, and eateth not the bread of idleness.

Her children arise up, and call her blessed; her husband also, and praiseth her.

Many daughters have done virtuously, but thou excellent them all.

Favor is deceitful, and beauty is vain: but a woman that feareth the Lord, she will be praised.

Give her of the fruit of her hands; and let her own works praise her in the gates.

That is why I call these two *Rubies* my" *Virtuous Woman*". My mother Elizabeth, the first woman who loves me unconditionally. Without her there would be no Dennis Beaver. She carried me, raised me, nourished me and taught me to have dignity and respect for myself.

She is unique, loving, caring, nourishing, giving, understanding and appreciative. She is my *"MOMMA". My* mom sacrificed for her children as a widow and made sure that her children were well taken care of. Always showing us that we can have the finer things in life if we worked hard and put our trust in Jesus.

She made sure that my sisters and I never were hungry, never homeless and never without clothing. After my father past away she put her emotions aside and stood strong to keep the Facts Newspaper going for the community and her children. It has not always been an easy road but she has done the best that she could, to continue my father's legacy.

Mom has made sure that we never lose sight in keeping "The Vision" and taking it into a new era.

The Facts has been making news for over 44 years! Thank You mom, for all your sacrifices and commitment to the community, I love you.

My wife Leslie is my best friend, my partner, the mother of my children, the woman who knows and understands me and my right hand.

Leslie is a loving, caring, creative, nourishing, appreciative and understanding person. She is family orientated and always giving to others. She is my "SUPER WOMAN". Thank you, for being you, I love you!

In this world there are many mothers who have gone the extra mile to ensure that their children are assets towards society.

Being a mother does not require you to give birth to a child .Parenting children does not come with instructions. I salute all the mothers, grandmothers, godmothers, aunts, cousins or friends that have played a part in raising children.

HAPPY MOTHER'S DAY TO YOU

From My Pen ....

Dennis Beaver

M - O - T - H - E - R

"M" is for the million things she gave me,

"O" means only that she's growing old,

"T" is for the tears she shed to save me,

"H" is for her heart of purest gold;

"E" is for her eyes, with love-light shining,

"R" means right, and right she'll always be,

Put them all together, they spell "MOTHER," A word that means the world to me

Dearest Granny,

Mrs. Vera McCloud

You are the love of my life. You installed self-respect, pride, ambition, morals and ethics into my mother, Vicki. My mother passed those same qualities down to me. You have always been there for your family. Centering your entire life around your children, grandchildren and great grandchildren. All of my childhood memories consist of you sharing, teaching and giving yourself. Going places with you and my mom was always something to look forward to. Weather it be church, vacations, school programs or even shopping you were always there.

I appreciate all of our conversations, advice and even scolding. It has made me a better individual. You have told me how I am like you and how much you love the mother that I am to my children. That is an honor and a privilege for me to hear those words come out of your mouth.

On December 9, 1995 was the worst day of my life. You lost your best friend and first born child. I lost my mother and friend. Throughout these ten years we have stuck together and have learned to give triumph to her life and to stop weeping. There are days when I wish that I could reach out and hold her. Knowing that she is of you and I am of her, gives me satisfaction. For I am blessed to have you-My Granny!

I can hear moms voice so clearly-"God will never give you more than you can bare". To hear you confirm that she would be so proud of me, assures me that she is smiling on me from heaven.

My children are so blessed to have you in their lives. Two generations acknowledge you as their granny. The void that I worried so much about, you have been here to fulfill it.

So on this Mother's Day, May 13, 2007, I give tribute to you, for you have been my Joy!

Mrs. Vera McCloud you are incredible and your LOVE, FAITH and TRAINING is remarkable. God has truly blessed me with The World's Greatest Granny.

I LOVE AND APPRECIATE YOU,

Sincerely Your first born granddaughter

Leslie Beaver

FRIDA KAHLO

Frida in photos through the eyes of master photographers, her relatives, lovers, and friends.

TACOMA ART MUSEUM

1701 Pacific Avenue Tacoma, WA 98402 253.272.4258 www.TacomaArtMuseum.org

Local support is generously provided by Helen and Peter Bing and The Paul G. Allen Family Foundation. THE PAUL G. ALLEN FAMILY foundation

This exhibition was organized by Throckmorton Fine Art, Inc., New York, New York. Image by Nickolas Muray, Frida Kahlo on Bench, 1938. Color carbon print. 16/30, 11 ½ × 14 ½ inches. Courtesy of Throckmorton Fine Art, Inc., New York, New York. © Nickolas Muray Photo Archives.

ADVERTISEMENT FOR BIDS

Notice is hereby given that sealed bids will be received at the Office of the Purchasing Manager, Tacoma School District No. 10, 3321 South Union Avenue, Tacoma, Washington, 98409, for the Existing Campus Painting at Wilson High School , B-70013-E. Base bids will be received on May 25, 2007 at 1:00 p.m.

A **mandatory** Pre-Bid walk-through will be held to answer any questions and review the scope of work and the documents on May 18, 2007: 8:00 a.m. at Wilson High School at 1202 North Orchard Street, Tacoma, Washington 98406.

Drawings and specifications may be examined at the following plan centers: Associated Subcontractors - Tacoma, Builders Exchange - Everett; McGraw Hill Construction/Dodge - Seattle, Tacoma; Northwest Plancenter - Bellingham; Olympia Plan Center - Olympia; Olympic Peninsula Plan Center, Bremerton; Small Business Incubator, Tacoma; Valley Plan Center, Kent -. Bid documents may also be viewed and ordered on the Reprographics Northwest, LLC web site at www.repronw.com. Click on the PlanWell link and enter the Public Room.

Drawings and specifications may be obtained by Contractor Bidders at the offices of Reprographics Northwest, Inc., 632 Broadway, Tacoma, Washington, 98402, in accordance with the Instructions to Bidders, upon depositing the sum of $50.00 payable to Tacoma School District No. 10 for each set of documents. Contact the Reprographics Northwest, Inc Bid Services Department at 800–337-8103 if you require assistance placing an order online. The full amount of the bid deposit will be refunded to actual contract bidders on return of the drawings and specifications in good condition, to Reprographics Northwest, 632 Broadway, Tacoma, WA, 98405, within ten (10) days of bid opening. Bid sets will be mailed upon request and after receipt of a non-refundable shipping and handling fee paid to Reprographics Northwest, Inc.

The Tacoma School District reserves the right to reject any and all bids and to waive any irregularities or informalities. The right is reserved by the Tacoma School District to postpone contract award for the period of thirty (30) days after the bid opening. The Tacoma School District is an Equal Opportunity Employer. No bidder may withdraw the bid after the hour set for the opening thereof, or before award of contract, unless said award is delayed for a period exceeding thirty (30) days.

Tacoma Public Schools

Insure U Helps Small Business Owners Understand Insurance Options

Small businesses are a major engine of the U.S. economy. To protect the assets and employees of these vital companies, their owners need to stay abreast of potential business risks and understand insurance options available to address them.

Information, tips and considerations about small business insurance are available from the National Association of Insurance Commissioners (NAIC), a voluntary organization of state insurance regulatory officials.

The NAIC's Insure U for Small Business Web site, www.Insure Uonline.org/smallbusiness, covers six categories of insurance: workers' compensation; business property and liability; commercial auto; group health and disability; group life and key person life; and home-based business.

Small Business Tips:

• Workers' Compensation Insurance, required by most states, protects a business owner from claims by employees who experience a work-related injury or illness. To minimize risk in the workplace, keep office space in good physical condition. Maintain carpeting and railings on stairs. Make sure telephone and computer wiring is in good working condition and does not create any hazards.

• Business Property Insurance protects an owner from damages and losses to a business' physical space or equipment. Don't rely on your landlord to provide coverage for your business property if you lease your office or building. The building's insurance will typically cover only the basic structure and common areas.

• Commercial Auto Insurance typically has higher liability limits than personal auto insurance. If you are relying on your personal auto insurance or personal umbrella liability policy to provide you with protection for your company's use of vehicles, look closely at the provisions, as business-related liability may be excluded.

• Group Health Insurance: Before purchasing a group health insurance policy, survey your employees to find out what kind of coverage is particularly important to them. Contact your state insurance department to see whether there are any special programs designed to assist small business owners in providing health insurance.

• Key Person Life Insurance: Many small firms purchase Key Person life insurance to provide financial protection in the event a vital employee dies. The payout can help the company continue operations until a new individual is hired, or buy out the key person's heirs if ownership rights are involved.

• Home-Based Business Insurance: Don't assume your homeowners or renters insurance policy will cover your home-based business. Most homeowners insurance policies significantly limit coverage of business property and may totally exclude business-related liability. For more information, visit www.InsureUonline.org/small business.

Predatory lending is a set of unfair, unethical & sometimes illegal lending practices designed specifically to deceive unsuspecting homeowners.

Predatory loans contain high interest rates and fees far beyond those set by fair lending institutions, which can ultimately lead to the loss of one's home.

The National Fair Housing Alliance (NFHA) and the Ad Council began this campaign in February 2004 to teach consumers how to recognize and report predatory lending before it occurs. This campaign encourages African American and Hispanic homeowners, who are the most frequent targets, to call for information about how to avoid falling prey to predatory lenders and the essential questions to ask a lender before refinancing.

The television and radio ads use real life scenarios to highlight the fact that it is not always easy to recognize a predatory lender. In fact, predatory lenders frequently prey upon victims who share the same ethnicity as the lender because they are more likely to gain the victims' trust.

All of the PSAs end with the tagline "Unfortunately, predatory lenders are never this easy to spot. Call 1-866-222-FAIR, and protect yourself with the facts."

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Just found out you're pregnant?

Shauna Applin,
ARNP offers gynecological services & primary care.

Wondering what to do now? Though pregnancy sometimes comes unexpectedly, it is a very exciting time of physical change and expectation as your baby grows and develops. Many women wonder about the important steps to take for their health and their baby's health when they find out they are pregnant.

* Getting started on prenatal vitamins ensures extra nutrients for mom and baby during the length of pregnancy.
* Women who are pregnant need to establish care with a medical provider to ensure they are healthy and that their baby is growing appropriately.
* Eating a healthy diet, drinking lots of water and getting daily exercise is a good foundation for the physical changes that come with pregnancy.
* If you are smoking, using alcohol or drugs you need to stop using these to protect your health and the health of your growing baby.
* Toward the end of pregnancy, enroll in a childbirth education class to prepare you for what is to come during the labor and delivery process.

Shauna Applin is Community Health Care's nurse midwife. She offers the full scope of pregnancy care including delivery and care for newborns. In addition, Shauna Applin, ARNP offers gynecological services and primary care.

Shauna Applin provides care at Community Health Care's Women's Health Clinic and Downtown Clinic. She considers it an immense privilege to care for women of all ages, races and walks of life during their pregnancy. Shauna is currently accepting new patients at both clinics. She specializes in caring for first time mothers.

If you are interested in scheduling an appointment with Shauna Applin, ARNP, please call the Women's Health Clinic, 1215 South 11th Street, Tacoma, 253-597-4163 or the Downtown Clinic, 1102 South I Street, Tacoma, 253-597-3813.

Keep Your Cool While On The Road

With so many people on the road during peak vacation months, it may be a good time to brush up on what you should do in the event you're involved in a crash. Here are some tips from The Progressive Group of Insurance Companies. Preparedness starts before you leave the driveway:

• Put a disposable camera and pen and paper in your glove box. Car insurance claims can be settled faster if there's a good record of what happened. If you can take photographs or collect license plate numbers, or even names and phone numbers of witnesses, these can all help your insurance company establish facts faster.

If you're involved in a crash:

• Move your vehicle out of the roadway, if you can. If your car is able to be driven, move it off of the road a safe distance. By getting off the road, you can help to avoid a second collision.
• Turn on your flashers or your lights. You want to be certain your vehicle is visible to other drivers.
• Check yourself and your passengers for injuries. If someone is injured, call 911 immediately.
• Call local police to report the crash.
• Call your insurance company to report the crash. The earlier your insurance company knows about the crash, the faster it can get to work to resolve your claim.
• Start documenting what happened, if you can. If you're able to do so safely, take photographs, make notes, ask witnesses for names and phone numbers. If you're not able to do so safely, stand as far from the roadway—and the crashed cars—as you possibly can.
• Exchange only your insurance company name. Don't discuss the details of your coverage with anyone at the accident scene.
• Exchange vital information with the other driver(s). Names, addresses, phone numbers are all useful to your insurance company in settling the claim.

For other tips to keep you safe on the road and keep your insurance rates down or to find an independent agent, visit driveinsurance.com.

If you're involved in a car crash, take down all the information you can and take pictures. This can help speed the processing

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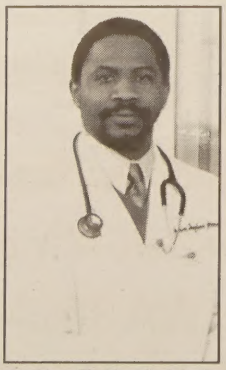

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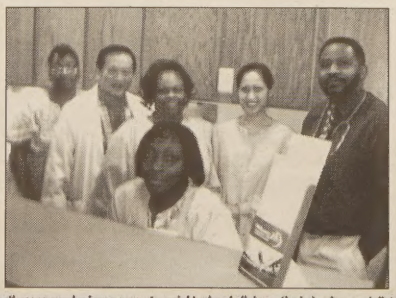

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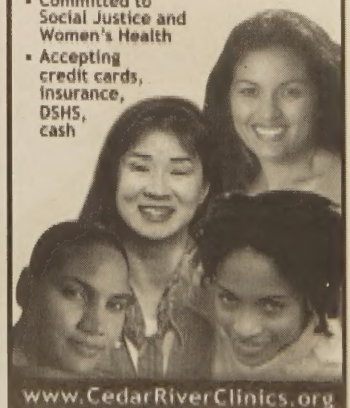

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